



Cassava/pre-cooked Yucca 4/5lb

Yucca pré-cuite

PRODUCT OF COLOMBIA

40834



FROZEN VEGETABLES

IQF VEGETABLES

CARIBBEAN VEGETABLE

Product Description

- Pre-cooked yucca chunks. Ideal for natural yucca fries, yucca puree or many other recipes.

Pack and Case Specifications

Pack Net Weight

5lb

Packs per Case

4

Case Size (LxWxH)

14.56" x 9.06" x 9.44"

Case Cube

0.72ft3

Case Gross Weight

21lb

Cases per Pallet

96 (12/8)

Ingredients

Fresh yucca (Manihot dulcis pax).

Physical

Irregular cut

Nutrition

Nutrition Facts

Serving Size (100g)
Servings Per Container 25

Amount Per Serving
Calories 110 Calories from Fat 0

% Daily Value*

Total Fat 0g 0%

Saturated Fat 0g 0%

Trans Fat 0g

Cholesterol 0mg 0%

Sodium 5mg 0%

Total Carbohydrate 27g 9%

Dietary Fiber 1g 4%

Sugars 2g

Protein 1g

Vitamin A 0% • Vitamin C 10%

Calcium 2% • Iron 6%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

Calories: 2,000 2,500

Total Fat Less than 65g 80g

Saturated Fat Less than 20g 25g

Cholesterol Less than 300mg 300mg

Sodium Less than 2,400mg 2,400mg

Total Carbohydrate 300g 375g

Dietary Fiber 25g 30g

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4

Organoleptic

Flavor: Typical yucca, fresh and without foreign flavor.

Color: White or light yellow.

Texture: Tender.

Olor: typical Yucca

Appearance: Cooked

Allergens

Cooking Directions

Deep Fryer

Preheat oil to 375°F. Cut your own yucca fries. Place frozen yucca fries in fryer. Deep fry for 3 to 5 minutes or until golden brown. Drain and serve.

Stove Top

Bring water to full boil in a covered saucepan. Add frozen yucca pieces and boil until completely tender. Drain and make mash yucca puree as desired.

Certificates and Claims

Gluten free.

Storage and Shelf Life

Store in freezer below 0°F (-18°C). Keep frozen until ready to use. Do not thaw and refreeze. Unopened bags can be stored for 12 months. Opened bag stored for 1 month.

UPC code



revised 20-Feb-15

11 ENTERPRISE AVENUE NORTH, SECAUCUS, NJ 07094
TEL: (201) 863-2885 OR 800-B-FROZEN FAX: (201) 863-2886

WWW.WHITETOQUE.COM

